

VOLUNTEERS

PERSONAL PORTERS

One Of the biggest challenges in a continuing care home is moving residents from their rooms to all the wonderful events and therapeutic programs that are planned to keep them physically and mentally well. Sometimes there aren't enough hands to help get our residents to their meals or events in a timely manner. This causes delays starting and also means that residents can sometimes wait longer periods to get back to their own room. Would you like to volunteer to help us move residents from their rooms so they don't miss out on all the opportunities we offer? Could you be one of our "Helping hands heroes"?

ROLE DESCRIPTION and RESPONSIBILITIES

You would assist the staff moving residents from their rooms to join in programs, meals and special events. There would be moving on elevators involved and training on the safe way to move residents would be provided as part of your onboard training. These opportunities would be at different times during the day. It's also a great way to meet some interesting residents and share some stories with them and you would be welcome to join the programs and events. From daily exercise and interactive programs, to scheduled music concerts, birthday celebrations, and mealtimes, there are many opportunities to help.

You will need:

- Excellent communication and interpersonal skills to engage with residents
- Understand the safety requirements and rules of the Brenda Strafford Foundation
- Sign in and out and track your hours
- Arrive on time and maintain a professional demeanor with residents and staff
- Report the resident's participation to your supervisor for charting on their clinical record
- In a timely manner, let your supervisor know if you are running late or unable to fulfill your commitment

REQUIREMENTS

- Completed application
- Successful completion of the interview process
- Positive reference checks
- Pass a City of Calgary Police Information Check and Vulnerable Sector Search
- Complete the orientation and screening process

SUPERVISED BY

Manager of Therapeutic Recreation & Volunteer Services/Life Enrichment Manager